



Thermage Treatment Guidelines

Pre-Treatment Instructions:

- Remove all eye makeup.
- Remove contact lenses if you wear them.

Post-Treatment Instructions:

- Some patients have temporary redness or minor swelling after treatment, but this usually goes away within 24 hours.
- Most patients return to their regular activities immediately following treatment. No special care is required afterward, aside from basic skin maintenance and sunscreens as part of a regular skincare regimen.